

**Course Name - Bachelor of Physical Education Part I**

**Year IInd (Part-1)**

**Paper Name -Psychology with Special Reference to Physical Education**

**Paper No. IInd**

**Lecture No. 13**

**Topic No. Sec - C (9)**

**Topic Name: Play**

**Lecture Title**

**Play**

**Glossary**

**Acquisition** - The learning or developing of a skill, habit, or quality.

**Curiosity** - An unusual or interesting object or fact.

**Diminishes** - Cause to seem less impressive or valuable.

**Boredom** - The state of feeling bored.

**Relaxation**- The state of being free from tension and anxiety.