

**Course Name - Bachelor of Physical Education**

**Year – IInd (Part-1)**

**Paper Name - Psychology with Special Reference to Physical Education**

**Topic Name - Infancy and Childhood**

**Topic No. - Sec - C (7)**

**Paper No. - IInd**

**Lecture No. - 11**

### **Lecture Title**

### **Infancy and Childhood**

#### **Summary**

Life of an organism starts with conception in the womb of his mother. From conception till death, individual undergoes the process of intensive growth and development. This whole span can be divided into certain specific stages namely infancy, childhood adolescence, adulthood, old age. Educationist concern only three of these stages i.e. infancy, childhood and adolescence. Each of these stages extends over a larger definite period exhibiting somewhat typical behavioral characteristics in all dimensions like physical, mental, emotional, social and moral. Understanding of these developmental characteristics can be of great help to parents, teachers and coaches in ensuring all round harmonious development of the child.