

Course Name - Bachelor of Physical Education

Year – IInd (Part-1)

Paper Name - Psychology with Special Reference to Physical Education

Topic Name - Psychology

Topic No. - Sec - A (1)

Paper No. - IInd

Lecture No. - 1

Lecture Name

Psychology and Physical Education

Reference

- Jain, S. (2000). *An Introduction to Psychology*. Kalyani Publishers, Delhi.
- Mangal, S.K. (2009). *The Learner- Nature and Development*. Tandon Publications, Ludhiana.
- Singh, B & Mittal, M. *Psychological Implications in physical Education and Sport*, Friends Publications, New Delhi.
- Woolfolk, A. (2007). *Educational Psychology*. Pearson Publishers, Boston

Links

- www.simplypsychology.org
- www.wikipedia.com