

**Course Name : Bachelor of Physical Education**

**Year : IInd**

**Paper Name : Kinesiology and Physiology of Exercise**

**Paper No. Ist**

**Lecture No. 20**

**Topic no. : Prac. - 4**

**Lecture Title : Efficiencies Tests : Vital capacity and Expiratory Force Tests - I  
Glossary**

**Wheezing :** Breathe with a whistling or rattling sound in the chest, as a result of obstruction in the air passages.

**Provocation :** Action or speech that makes someone angry, especially deliberately.

**Elimination :** The complete removal or destruction of something.

**Significant :** Sufficiently great or important to be worthy of attention; noteworthy.

**Inhalation :** The action of inhaling or breathing in