

Course Name : Bachelors of Physical Education

Paper No. 1

Year : IInd

Topic: Marking of bones for insertion and origins of skeletal muscle

Topic No : Prac. - 3

Paper Name : Kinesiology and Physiology of Exercise

Lecture No : 18

Title : Marking of Bones for Insertion and Origins of Skeletal Muscle - I

Glossary

Tendinous : Relating to

Abduction : The action of forcibly taking someone away against their will.

Rotation : The action of rotating about an axis or centre.

Predominantly : Mainly; for the most part.

Proximally : Situated close to