

Course Name : Bachelor of Physical Education

Year : IInd

Paper Name : Kinesiology and Physiology of Exercise

Paper No. Ist

Lecture No. 15

Topic no. : Prac. - 1

Lecture Title : Examination of Body Joints, type of Movements and Deformities

References

Bones and Joints: A Guide for Students Book by Christine Gunn

Anatomy and Human Movement: Structure and Function Book by Derek Field,
Nigel Palastanga, and Roger Soames

Links

www.innerbody.com › Skeletal System › Bones of the Leg and Foot

<https://www.healthdirect.gov.au/bones-muscles-and-joints>