

**Course Name: Bachelor of Physical Education**

**Year: Ist**

**Paper Name: Skill and Prowess**

**Paper No.: I (Part-B 1)**

**Topic No. A (3)**

**Topic Name: Kho Kho**

**Lecture No.: 31**

### **Lecture Name: Kho-Kho - III**

#### **F.A.Qs**

**Q1. For whom is the Junior National Kho-Kho championship?**

**Ans -** Junior National Kho-Kho championship is held for girls and boys. it is a national level championship.

**Q2. What are duties of the Umpire?**

**Ans-** The Umpire shall move in the lobby and shall conduct the games. He shall give decisions and also help the other Umpire to give correct decisions. The Umpire shall declare a foul and compel the Attacker to act up to the rules, if the latter does not follow the rules. If there is any unfair means in the ground he will warn the concern players verbally and will bring it to the referees' notice for further action if necessary.

**Q- 3 What should be included in kho-kho Players Uniform?**

**Ans:** Uniform of a Kho-Kho player shall include spots/canvas shoes, short and vest (half sleeves) or "T-shirt" for men and Boys: shirt or "T-shirt" for women and girls. Each player shall be numbered in front and back of his "T" shirt/shirts with number of solid color contrasting with the color of "T" shirt. The number shall be printed/ stitched of size 10 cms. high and 2 cms. wide on the back.

**Q4. What are the Rights & Duties of Players?**

**Ans:** During the game, a player may address the referee only through the team captain; the team captain may address the referee and shall be the spokesman for his players. He may also address the other officials but only on matters concerning their duties.

**Q5. What are the duties of Time Keeper?**

**Ans.** The Time Keeper shall start the turn by blowing a long whistle followed by a short after getting direction from the Referee. The end of the turn shall be declared by him by blowing a long whistle. He shall enter the lobby and declare the completion of each minute of play loudly by raising his arm holding an indicator.