

Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Skill and Prowess

Paper No.: I (Part-B 1)

Topic No. A (3)

Topic Name: Kho Kho

Lecture No.: 30

Lecture Name: Kho-Kho – II

Glossary

- 1. Toss** - Throw (something) somewhere lightly or casually.
- 2. Chaser** - A person or thing that pursues someone or something.
- 3. Deliberately** - Consciously and intentionally; on purpose.
- 4. Substitution** - The action of replacing someone or something with another person or thing.
- 5. Penalties** - Punishment imposed for breaking a law, rule, or contract.