

**Course Name: Bachelor of Physical Education**

**Year: Ist**

**Paper Name: Skill and Prowess**

**Paper No.: I (Part-B 1)**

**Topic No. A (3)**

**Topic Name: Kho Kho**

**Lecture No.: 29**

**Lecture Name: Kho-Kho – I**

**References**

A Beginners Guide to Kho kho (Volume 1) By Lino Price

The Game of Chase and Thrill Kho-Kho by Mukundambar Ambardekar

**Internet links**

<http://www.youtube.com>

<http://www.indianetzone.com>

<http://www.khokho.co.in/>

<http://sports.montverthomes.com/>