

Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Skill and Prowess

Paper No. I (Part-B 1)

Topic No. A (1)

Topic Name: Volley Ball

Lecture No. - 26

Lecture Title

Volleyball Rules

References

Basic Drills Of Volleyball
Volleyball: Khel Aur Niyam
Volleyball Skills and Rules

Links

<https://en.wikipedia.org>
<http://rio2016.fivb.com>
<https://www.youtube.com>