

Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Skill and Prowess

Paper No. I (Part-B 1)

Topic No. A (1)

Topic Name: Volley Ball

Lecture No. - 26

Lecture Title

Volleyball Rules

Glossary:

- 1.Libero:** The **libero** is a player specialized in defensive skills
- 2. Rotation:** The action of rotating about an axis or centre
- 3. Beckons:** Make a gesture with the hand, arm, or head to encourage or instruct someone to approach or follow.
- 4.sideline:** A line along either of the two sides of a playing court or field,marking its limit.
- 5. Penalty :** A handicap imposed on a player or team for infringement of rules.