

Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Skill and Prowess

Paper No. I (Part-B 1)

Topic No. A (1)

Topic Name: Volley Ball

Lecture No. - 26

Lecture Title

Volleyball Rules

FAQs

Q-1 What is the rule for ornament while playing volleyball?

Ans- No jewellery is allowed except medical and religious medals or flat wedding bands

Q-2 What is the role of a scorekeeper?

Ans- The scorekeeper sits on the side of the court opposite the 1st Referee and records all scores, makes sure the serving order and rotation are correct, keeps track of substitutions and time outs, and keeps track of protests

Q-3 What is blocking?

Ans- Blocking is the action that deflects the ball coming from the opponent by a player close to the net reaching higher than the net.

Q-4 What is Team line up?

Ans- At least two minutes prior to a match and thirty seconds prior to the expiration of the intermission between games, a coach or game captain submits the team line-up.

Q-5 What is Yellow or warning card?

Ans- This is given for minor unsporting offenses. A second yellow card to an individual will result in an automatic red card.