

Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Skill and Prowess

Paper No.: I (Part-B 1)

Topic No. A (6)

Topic Name: Handball

Lecture No.: 44

Lecture Title

Handball Tournaments and Championships

Glossary

- 1. Preliminary** - Preceding or done in preparation for something fuller or more important.
- 2. Execute** - Put (a plan, order, or course of action) into effect.
- 3. Bounce** - Jump repeatedly up and down, typically on something springy.
- 4. Representative** - Typical of a class, group, or body of opinion.
- 5. Restrain** - Prevent (someone or something) from doing something; keep under control or within limits.