

Objectives

Volleyball is a sport which is originated in the United States. In 1895 an instructor at the Young Men's Christian Association (YMCA) by the name of William Morgan create a game of volleyball for his classes. The objective of creating a game of volleyball is that it demand less physical contact than basketball. The game was renamed Volleyball in 1896. This game was first introduced to Olympic at the Tokyo Games in 1964. U.S. won its first medals in the 1984 L.A. Olympics when men captured gold and the women the silver.