

Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Skill and Prowess

Paper No.: I (Part-B 1)

Topic No. A (1)

Topic Name: Volley Ball

Lecture No.: 24

Lecture Title
Volley Ball 1

Glossary

1. **Ace** - a served ball that lands within the playing boundaries, which is untouched or unplayable by the receiving team and scores point.
2. **Attack Block** - A block where the players aggressively go after the spiked ball by reading the spiker's actions and intentions.
3. **Block** - an attempt by a player or players to interrupt the ball before, as or just after it crosses the net.
4. **Bump (Pass)**- technique of playing ball using forearms, hands together, to direct the ball.
5. **Bump (Set)**- a forearm pass used as a set.
6. **Carry** - a fault called if ball comes to rest in the course of contact by one player.