

Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Skill and Prowess

Paper No.: I (Part-B 1)

Topic No. A (6)

Topic Name: Handball

Lecture No.: 41

Lecture Title

Introduction to Handball

Glossary

Attackers: A player whose task is to attack the other side goal in the attempt to score

Goal: A pair of posts linked by a cross bar and typically net between, forming a space into or over which the ball has to be sent in order to score.

Prohibited- That has been banned

Violation- The action of violating something or someone.

Dimensions – A measureable extent of a particular kind . such as length breadth, height , depth