Objectives

The main objectives of this episode is to know about the various techniques like Throwing, Standing, Hand, Foot ,etc. Rules of Judo , Players & Equipment, scoring in Judo game, about score board and signals used in Judo. Judo matches take place on tatami (mats) measuring $14m \times 14m$, with a combat area of $10m \times 10m$ marked out within it.