

Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Skill and Prowess

Paper No. I (Part-B 1)

Topic No. A (5)

Topic Name: Wrestling

Lecture No.: 37

Lecture Title

Wrestling

Glossary

1. **Grappling:** Engage in a close fight or struggle without weapons; wrestle
2. **Sparring partners:** A boxer employed to engage in sparring with another as training.
3. **Brutality:** Savage physical violence; great cruelty
4. **Opponents:** Someone who competes with or opposes another in a contest, game, or argument
5. **Amateur:** A person who engages in a pursuit, especially a sport, on an unpaid basis