

Course Name - Bachelor of Physical Education

Year: Ist

Paper Name: Skill and Prowess

Paper No.: I (Part-B 1)

Topic No. A (4)

Topic Name: Kabaddi

Lecture No.: 36

Lecture Title

Kabaddi Part - 3

References

Teach Yourself Kabaddi by Sharad Chanrad Mishra

Layout of Play fields by Dr. Balbir Bhari

Internet Links

https://en.wikipedia.org/wiki/Kabaddi_in_India

<http://kabaddiworld.blogspot.in/p/rules-of-kabaddi.html>

<http://prokabaddi.com/history/rules.technical.php>

<http://www.olympic.ind.in/images/Kabaddi.pdf>