

Course Name - Bachelor of Physical Education

Year: Ist

Paper Name: Skill and Prowess

Paper No.: I (Part-B 1)

Topic No. A (4)

Topic Name: Kabaddi

Lecture No.: 36

Lecture Title

Kabaddi Part - 3

Frequently Asked Questions

Q1. What is Asian Kabaddi Federation ?

Ans- The Governing body of Kabaddi in Asia is Asian Kabaddi Federation (AKF) headed by Mr. Janardan Singh Gehlot. AKF is affiliated to Olympic Council of Asia. It is the Parent body to regulate the game at international level is International Kabaddi Federation (IKF).

Q2. Which is considered as the biggest events for circle style Kabaddi?

Ans- The Asia Kabaddi Cup has been held twice in consecutive years. In 2012 the Asia Kabaddi Cup was held in Lahore, Punjab from 1 to 5 November. It is considered one of the biggest events for circle style Kabaddi.

Q3. What are the Duties of the Umpire ?

Ans- The umpires shall conduct the match and give decisions according to the rules of play and matches till the game is ended.

Q4. What are the equipments required for kabaddi?

Ans- Electronic Stop Watch , Official Uniform comprising Black Trousers, Sky Blue Half Sleeves T- Shirt with collar, White Warm Up Shoes with white Socks, Whistle, Warning cards , Pen, Latest AKFI Kabaddi Rules Book

Q5. What does Green Card signifies?

Ans- The referee and the umpire can use the following cards to warn, temporarily suspend, suspend from the match or debar from the tournament a player/coach/manager/team. If green card is shown to a player/ coach/ manager/team twice, then the next card shall be directly Yellow Card.