

Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Skill and Prowess

Paper No.: I (Part-B 1)

Topic No. A (4)

Topic Name: Kabaddi

Lecture No.: 34

Lecture Name:

Kabaddi - I

Summary:

Maharashtra was the pioneer state to bring the game to the National platform and give it further popularity. Standard rules and regulations were formulated in 1918 but were brought out in print in the year 1923. The rules were modified and some changes were introduced to the game during the National Championships held at New Delhi in the year 1954. The Asian Amateur Kabaddi Federation was formed in the year 1978, during the silver jubilee celebrations of National Kabaddi Championships in India, organized at Bhilai, Madhya Pradesh. Nike sponsored an International Women Kabaddi tournament in the year 1995, called the Nike Gold Cup, in Japan. **AIKF And AKFI** With a view to increase the popularity of kabaddi as a sport in India, the All India Kabaddi Federation (AIKF) was founded in 1950.