

Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Skill and Prowess

Paper No.: I (Part-B 1)

Topic No. A (4)

Topic Name: Kabaddi

Lecture No.: 34

Lecture Name:

Kabaddi - I

F.A.Qs

Q1. Why is kabaddi known as " GAME OF THE MASSES"?

Ans - Kabaddi is aptly known as the "GAME OF THE MASSES "due to its popularity, simplicity, easy to comprehend rules, and public appeal. There is no sophisticated equipment in this game, which makes it a very popular sport in the developing countries.

Q2. Why the Amateur Kabaddi Federation of India was formed?

Ans - This body was formed with a view to popularize the game in the neighboring countries and organize regular National level Men and Women tournaments

Q3. What does the different kings of the Mahabhartar times denotes?

Ans - In Mahabhartar times, different kings like – Jarasandh, Bhim, Balrama, Krishna, Abhimanyu, Kansa, Duryodhana, etc. are few examples who make the history of Great Battle by performing rules of fight. The King Chakravarthy, Krishna Devraya, Prithviraj Chauhan are further great examples for maintaining tradition of Kabaddi in form of sport as well as battle

Q4. Which state help in upbringing the game?

Ans - The state of Maharashtra is accredited with upbringing the game to a national platform. Consequently, the standard set of rules and regulations for the game were formulated in the same year.

Q5. What is circle kabaddi?

Ans - Circle Kabaddi is a mainly the game which requires athleticism, skill, speed, stamina, and agility. It has the capacity to become a popular sport of the Asian continent and all the other continents of the world.

