

Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Skill and Prowess

Paper No.: I (Part-B 1)

Topic No. A (3)

Topic Name: Kho Kho

Lecture No.: 32

Lecture Title
Kho - Kho Execution - Part I

References

National Club Games Rule Book Kho-Kho

Performance Structure of National Level Kho-Kho Players Paperback – Import, 6 Jul 2013

by Paul Suparna (Author), Misra Anirban (Author), Das Sudip Sundar (Author)

Links-

www.khokhofederation.com

www.youtube.com