

Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Skill and Prowess

Paper No. 1 (Part-B 1)

Topic No. 8 (b)

Topic Name: Physical Education in Punjab Schools

Lecture No.: 23

Lecture Title

Physical Education in Punjab Schools

References

1. Complete Physical Education Plans for Grades 5 to 12
2. Teaching Children Physical Education: Becoming a Master Teacher

Link

www.edb.gov.hk