

Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Introduction to Physical Education

Paper No. 1

Topic No. 3 (C)

**Topic Name: Modern Olympic Games –A Comparison with
Ancient Games**

Lecture No.: 8

Lecture Title

Modern Olympic Games

Glossary

1. Pankration - a sporting event introduced into the Greek Olympic Games in 648 BC and was an empty-hand submission sport with scarcely any rules
2. Paralympics- It is a major international multi-sport event involving athletes with a range of, including impaired muscle power impaired passive range of movement, limb deficiency ,leg length
3. Olympics: leading international sporting events featuring summer and winter sports competitions.
4. Millennium- A millennium is a period of time equal to 1000 years also called kilo years. It derives from the Latin *mille*, thousand, and *annus*, year. It is often, but not always, related to a particular dating system.