

Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Introduction to Physical Education

Paper No. 1

Topic No. 3 (C)

**Topic Name: Modern Olympic Games –A Comparison with
Ancient Games**

Lecture No.: 8

Lecture Title

Modern Olympic Games

FAQs

Q-1 What is Modern Olympic Games?

Ans-1 The modern **Olympic Games** are the leading international sporting event featuring summer and winter sports competitions in which thousands of athletes from around the world participate in a variety of competitions

Q-2 What is Pentathlon?

Ans- In ancient Greece the Pentathlon was made up of five different events which were discus, javelin, long jump, running, and wrestling

Q-3 What is Pancration?

Ans- It is a combination of wrestling and boxing.

Q-4 Do men and women were allowed to participate in ancient Greek Games?

Ans- Only men were allowed to compete in the ancient Greek games

Q-5 What is the importance of torch in Olympics?

Ans- A torch is lit at Olympia to symbolize the ancient Olympics. Various athletes carry this torch throughout the country the Olympics are being held in until they reach the main stadium.