

Course Name: Bachelors of Physical Education

Year - Ist

Paper Name - Introduction to Physical Education

Topic Name - History of Gymnastics

Topic No. – 3 (a)

Paper No. – I

Lecture No. – 6

Lecture Name

Gymnastics: Sweden Denmark and Germany Part 2

Summary

Denmark was one of the first nations to establish an institute to train military personnel to serve as gymnastic instructors in the armed services. Nachteggall's teaching procedures probably served as a guide for both military schools and teacher institutes established in other countries after 1804. Although Nachteggall had drawn heavily upon Guts Muths's Gymnastics for the Young) his program, at the Institute was attractive enough to hold a position of respect for more than a quarter of a century. Toward the close of the nineteenth century, Denmark, like other European countries, became interested in the Swedish system for schools. Guts Muths-Nachteggall gymnastics were gradually replaced under teachers trained in the Swedish system or imported from Sweden. In 1898 the- Danish government established a one-year course for the training of gymnastic teachers. This course was organized by K. A. Knudsen, who was well versed in the Swedish System.