

Course Name: Bachelor of Physical Education

Year - Ist

Paper Name - Introduction to Physical Education

Topic Name - Punjab's contribution to sports in India

Topic No. – 8 (b)

Paper No. – I

Lecture No. – 20

Lecture Title

Punjab's Contribution to Sports in India – Sportspersons

References:

1. Guide to physical education
2. Golden Health and Physical Education

Links

<https://en.wikipedia.org>

pbsports.gov.in