

**Course Name: Bachelor of Physical Education**

**Year - Ist**

**Paper Name - Introduction to Physical Education**

**Topic Name - Punjab's contribution to sports in India**

**Topic No. – 8 (b)**

**Paper No. – I**

**Lecture No. – 20**

### **Lecture Title**

### **Punjab's Contribution to Sports in India – Sportspersons**

### **FAQ's**

#### **Q-1 What went wrong in the final of Rome Olympics?**

**Ans-** In the final Milkha Singh went off the blocks and took an early lead. Midway he slowed down a bit. This proved his undoing because other athletes went past him. Realising his miscalculation, Mikha drew out every ounce of energy for the final burst but failed to retrieve the lost ground.

#### **Q-2 what was Bhishan Singh Bedi's bowling style?**

**Ans-** Bedi bowled over's as no other bowler would do, maintaining a computerized length and direction, weaving a magic web with his vicious deliveries around the players' legs. He razed to dust the reputation of some, while he made other stalwarts look pedestrians before him.

#### **Q-3 What was Navjot Singh Sidhu's playing style in cricket?**

**Ans-** Navjot Singh Sidhu was hard-hitter of the ball. He cannot be tied down no matter of what country the pace attack they are facing. In the seventies and eighties Sidhu was the star performer on the Indian cricket scene. Navjot hit the maiden test century (116) against New Zealand which was led by John Wright. He was able to establish himself as a successful Test cricketer from Punjab.

#### **Q-4 How Udham Singh used to play hockey ?**

**Ans -** Udham Singh has been known to be a versatile forward. He could play at left - inside, right -inside, centre-forward or click at centre-half position too. This man has dedicated and devoted his entire life to sport.

#### **Q-5- How Ajit Pal Singh contributed to the game of Hockey?**

**Ans-** Ajit Pal Singh was rightly acclaimed as "one of the best centre halves in the worlds" during his time. He gave a dazzling show of stickwork in the Mexico

Olympic Games. He showed what a fine sense of distribution he had and how he helped make the half-line function smoothly. Ajit pal Singh showed such dexterity and skill at his position that he was included in the World Hockey teams of 1971,72 and 73. He next represented India in the 1974 Asian Games at Teheran. Consequently he was included in the Asian All-Star Hockey XI the same year.