

Course Name: Bachelor of Physical Education
Year - Ist
Paper Name - Introduction to Physical Education
Topic Name - Relationship of Physical Education
Topic No. – 1 (c)
Paper No. – I
Lecture No. – 2

Lecture Title

Relationship of Physical Education with Health Education and Recreation

Glossary

Accomplishment: Something that has been achieved successfully.

Revitalization: Imbue (something) with new life and vitality.

Disintegration: The process of losing cohesion or strength.

Recreation: Activity done for enjoyment when one is not working.

Interpret: Explain the meaning of (information or actions).