

Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Introduction to Physical Education

Paper No. 1

Topic No. 7 (a)

Topic Name: Sports Authority of India

Lecture No.: 17

Lecture Title

Sports Authority of India

Summary

The Sports Authority of India (SAI) is an apex National Sports body set up in 1984 by the Ministry of Youth Affairs and Sports, Government of India for broad basing and bringing excellence in sports across India. It has 9 Regional Centres. Through NS NIS Patiala and some of the regional centres at Bengaluru, Kolkata and Thiruvananthapuram SAI offers a variety of courses in sports coaching and sports medicine and SAI LNCPE, Thiruvananthapuram conducts graduate and post-graduate courses in physical education.