Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Introduction to Physical Education

Paper No. 1

Topic No. 7 (a)

Topic Name: Sports Authority of India

Lecture No.: 17

Lecture Title

Sports Authority of India

F.A.Q's

Q1. Which are the two academic institutions of sports authority of India?

A1. Netaji Subhash National Institute of Sports (NS NIS), Patiala and laxmibai National College of Physical Education (LNCPE), Thiruvananthapuram (Kerala).

Q2. Which 5 stadium are maintained by SAI?

- **A2.** SAI maintained, utilised, and upgraded following 5 stadia in Delhi:
 - Jawaharlal Nehru Sports Complex
 - Indira Gandhi Sports Complex
 - Major Dhyan Chand National Stadium
 - Dr. Syama Prasad Mookerjee Swimming Pool Complex
 - Dr. Karni Singh Shooting Ranges

Q3. What is the scheme "assistance to national sports federation"?

A3. "assistance to national sports federation", financial assistance is provided to recognized NSFs for training and participation of team in international events abroad, organisation of national and international tournament in India, coaching and training of national teams under Indian and foreign coaches with requisite technical and scientific support, procurement of equipment etc.

Q4. What is LTDP?

A4. Long Term Development Plan envisages the preparation of long term development scheme by national sports federation based on a 4 year cycle with yearly review. The plans are to cover all aspects of sports including development of sportsperson, coaching, participation, promotion, tournament schedule, hosting of major events and sports sciences, etc.

Q5. How many selection of trainees is done in army sports company?

A5. The army has joined hands with SAI to nurture and groom talented boys in the age group of 8-14 yrs. These companies act as virtual sports schools where training is scientifically backed up and support facility is provided throughout the training period. The trainees are entitled to an assured career in the armed force at 17.5 yrs.