

**Course Name : Bachelor of Physical Education**  
**Year : Ist**  
**Paper Name : Introduction to Physical Education**  
**Paper No. Ist**  
**Lecture No. 14**  
**Topic no. : 6(c)**  
**Lecture Title : Development and Achievements of NCC**

### **Glossary**

**Cohensive** - Characterized by or causing cohesion.

**Paratroopers** - A member of a paratroop regiment or airborne unit.

**Regiments** - A permanent unit of an army typically commanded by a lieutenant colonel and divided into several companies, squadrons, or batteries and often into two battalions.

**Adventure** - An unusual and exciting or daring experience.

**Encircle** - Form a circle around; surround.