

**Course Name : Bachelor of Physical Education**

**Year : Ist**

**Paper Name : Introduction to Physical Education**

**Paper No. Ist**

**Lecture No. 14**

**Topic no. : 6(c)**

**Lecture Title : Development and Achievements of NCC**

**F.A.Q**

**Q1. What comprises National Cadet Corps, what is the purpose of National Cadet Corps ?**

**A1.** The National Cadet Corps is the Indian military cadet corps with its Headquarters at New Delhi. National Cadet Corps is a Tri-Services organization, comprising the army, Navy and Air Force, engaged in grooming the youth of the country into disciplined and patriotic citizens, the national cadet corps in India is a voluntary organization which recruits cadets from high schools, colleges and universities all over india.

**Q2. What is the moto of NCC ?**

**A2.** The motto of NCC is 'Unity & Discipline' which was adopted on 23 Dec 1957. In living up to its motto, the NCC strives to be and is one of the greatest cohesive forces of the nation, bringing together the youth hailing from different parts of the country and moulding them into united, secular and disciplined citizens of the nation.

**Q3. Describe the NCC flag ?**

**A3.** In 1954 the existing tricolor flag was introduced. The three colours in the flag depict the three services in the Corps, red for Army, deep blue for Navy and light blue for the Air Force. The letters NCC are crest in gold in the middle of the flag encircled by a wreath of lotus, give the flag a colourful look and a distinct identity.

Each lotus represents one NCC Directorate (Dte). The two dots represent Officer Training Academy in India they are at Gwalior, Madhya Pradesh and Kamptee, Maharashtra.

**Q4. What is procedure of Scuba Diving Camp conducted for NCC Cadets at Mumbai in 2014 ?**

**A4.** Total training period for SD and SW is 3 years with an extension of 1 year permissible & training period for JD & JW is of 2 years. Every cadet of the Senior or Junior Division has to undergo service training for a period of at least 4 hours per week during the training year. Every cadet attends an annual training camp of 9–10 days, also known as National Combined Annual Training Camp. For SD/SW the duration is usually for up to 30 days. At the end of the camp training the cadets receive a certificate of successful completion.

**Q5. What is the aim of YEP ?**

**A5.** The aim of YEP is a country-to-country exchange of cadets belonging to NCC/equivalent Govt/Youth Organisations of friendly countries and participation in various activities and appreciation of each other's socio-economic and cultural realities.