

**Course Name: Bachelor of Physical Education**

**Year: Ist**

**Paper Name: Introduction to Physical Education**

**Paper No. 1**

**Topic No. – 5 (b)**

**Topic Name: Modern Trends in Physical Education in India**

**Lecture No.: 12**

**Lecture Name**

**Modern Trends in Physical Education in India – III**

**Summary**

Physical Education have become one of the most interesting and compulsory aspect in modern day life. Recognition of any outstanding achievement is highly motivating and more so when it comes from the top most functionary of prevailing system. Further, honouring the deserving is a great encouragement for others to follow the legendary personalities. The Govt. of India has instituted “Padma Shri Awards” the highest National Awards in recognition of outstanding contribution made by individuals in any field of human resource development. Similarly, the Govt. of India, in recognition of meritorious achievements in sports has instituted following National Awards for sports persons: Arjuna Award, Rajiv Gandhi Khel Ratna Award, Dronacharya Award