

**Course Name: Bachelor of Physical Education**

**Year: Ist**

**Paper Name: Introduction to Physical Education**

**Paper No. 1**

**Topic No. – 5 (b)**

**Topic Name: Modern Trends in Physical Education in India**

**Lecture No.: 12**

**Lecture Name**

**Modern Trends in Physical Education in India – III**

**FAQ's**

**Q-1 What is the objective of providing Rajiv Gandhi Khel Ratna Award?**

**Ans-** The award was instituted by the Rajiv Gandhi Trust in the year 1991-92 with the objective of motivating sports-persons towards high levels of sports performance and to intensify the spread of a sports culture in the country. The award is given for the most spectacular and outstanding performance by a sportsperson. Only one award is given under this scheme. The award consists of Rs. 5,00,000 in cash.

**Q-2 What Sports and Physical education programme should be based on ?**

**Ans-** The programme should really encompass the total person his spiritual, mental, individual, social, cultural and physical and all the stages of his life right from birth. It should have a direct effect on the attitude and aptitude towards fitness. Programme should reach all sportsmen. It should be national responsibility and should meet recognized standards. It should include health and recreation. It should give strength, flexibility, endurance, agility etc. and also develop skills and help achievements. It should give a hand to youths in its planning and conduct.

**Q-3 What the National Sports Policy and Programme of Action (1992) is?**

**Ans-** It refer to create a sports atmosphere, every child should take part in various games and sports. The different sports facilities should also provide in reference to sports participation through the various educational and sports authorities. The practice, training and participation in sports are also the part and parcel of educational curriculum as prescribed by National Education Policy and National Sports Policy.

**Q-4 Whata is the importance of Dronacharya Award;**

**Ans-** The great Indian Saint Kabir described the significant role of Guru (Teacher) in his famous lines. In recognition of such Gurus (Coaches) the Govt. of India instituted Dronacharya Award in

1985, to honour eminent coaches who make outstanding contribution in their respective fields. The awards are given for commendable work performed on a consistent basis in the promotion of that sport. Each awardee is given a cash prize of Rs. 3,00,000/-.

**Q- 5 What is the National Policy of Education?**

**Ans-** National Policy of Education, 1968 laid emphasis on “inspiring the physical fitness and sportsmanship of the average student as well as those who excel in this department”. The need to have “playing fields and other facilities” was given a priority