

**Course Name: Bachelor of Physical Education**

**Year: Ist**

**Paper Name: Introduction to Physical Education**

**Paper No. 1**

**Topic No. – 5 (b)**

**Topic Name: Modern Trends in Physical Education in India**

**Lecture No.: 11**

**Lecture Title**

**Modern Trends in Physical Education in India – II**

**Glossary**

**Liaison:** Communication or cooperation which facilitates a close working relationship between people or organizations

**Renewed:** Resume (an activity) after an interruption.

**Voluntary:** Done, given, or acting of one's own free will.

**Inculcate:** Instil (an idea, attitude, or habit) by persistent instruction.

**Autonomous:** Having the freedom to act independently