

Course Name: Bachelor of Physical Education

Year: Ist

Paper Name: Introduction to Physical Education

Paper No. 1

Topic No. – 5 (b)

Topic Name: Modern Trends in Physical Education in India

Lecture No.: 11

Lecture Title

Modern Trends in Physical Education in India – II

FAQ's

Q-1 What is Sports?

Ans- 'Sport' are all forms of physical activity that contribute to physical fitness, mental well-being and social interaction. These include: play; recreation; organized, casual or competitive sports; and indigenous sports or games.

Q-2 What was included in Dr. Tarachand Committee ?

Ans-After independence till date various boards, commissions and committees were established for the promotion of physical education in the country. Dr. Tarachand Committee (1948) examined the problems of secondary education including the physical education also. The committee recommended the following with respect to sports and physical education: To train teachers in the field of physical education in respect of organization, administration and recreation. To institute postgraduate course of one year duration. To establish training colleges in physical education in different states to increase the supply of trained teachers. To establish sports club, Gymnasia and Akharas in different parts of the country. The Government of India, Ministry of Education appointed in 1948 a commission with Dr. Radha Krishnan as chairman to consider the problem of Education in India and made recommendations: All students to be required to take a thorough physical examination at the time of admission and thereafter once a year. Similarly, the staff members and employees of the schools should go through medical examination.

Q-3 Why Central Advisory Board of Physical Education and Recreation was created?

Ans- In order to ensure a planned and proper development of physical education and sport in all sections of the educational and social set-up, the Government of India appointed a Central Advisory Board of Physical Education and Recreation

Q-4 Why was Sports talent search Scholarship Scheme introduced?

Ans- The Sports Talent Search Scholarship Scheme was introduced by Government of India in 1970-71 to assist the young promising and talented boys and girls studying- at secondary stage of education but proficient in sports. The aim is to develop their talent in games and sports and to enable them to have nutritious diet during their studentship

Q-5 Why was Sports Hostel Scheme Introduced?

Ans- This Scheme was introduced in 1986 to groom the sports persons in the age group of 16-21 years who have attained advanced level of sports proficiency at the State/National level to enable them to seek berth in the national team to achieve excellence at the international level. SAI provides the facilities of boarding and lodging, sports kit, equipment, specialised training pocket allowance, TA/DA to participate in coaching camps and medical assistance with insurance cover.