

**Course Name: Bachelor of Physical Education**

**Year: Ist**

**Paper Name: Introduction to Physical Education**

**Paper No. 1**

**Topic No. – 5 (b)**

**Topic Name: Modern Trends in Physical Education in India**

**Lecture No.: 10**

**Lecture Title**

**Modern Trends in Physical Education in India – I**

**Glossary**

- 1. Obedience :** Compliance with an order, request, or law or submission to another's authority.
- 2. Edifice:** A complex system of beliefs.
- 3. Curriculam :** The subjects comprising a course of study in a school or college.
- 4. Autonomous:** Having the freedom to act independently.
- 5. Strenuous:** Requiring or using great effort or exertion